

VOLLEYWOOD BEACH ACADEMY



VBA HANDBOOK

How do I join VBA and participate in their programs?

1. Obtain an AAU Athlete Membership and align it with VBA's club code.
2. Register on the website for the program of choice.
3. Make payment on website.
4. Contact the Director of VBA for any questions or concerns.

VBA Master Policy Acknowledgement Form

I hereby acknowledge that I have received, read, understand, and agree to the full contents of the below terms & conditions, policies, procedures, standards, and guidelines of VBA and its affiliations.

- VBA Participant Agreement
- VBA Handbook
- VBA Indoor Policies
- VBA Indoor Rule Form
- VBA Playing Time
- VBA Payment Responsibilities
- VBA Refund Policies
- VBA Cancellation/Re-Schedule Policy
- VBA Indoor Player Profile
- AAU Membership
- AAU Medical Release (Notarized) (All Club Players)
- USAV Membership (National & Regional Club Players)
- USAV Medical Release (Notarized) (National & Regional Club Players)
- USAV Commitment Form (National & Regional Club Players)
- USAV Minor Athlete Abuse Prevention Policies/Social Media Policies/Electronic Communications Policies
- USAV Grievance/Dispute Policy
- USAV Club Release & Transfer Policy (National & Regional Club Players)
- 10 Rules for Parents of Athletes
- Spectator Parent Code of Conduct

Participant Agreement

PAYMENT TERMS & MEMBERSHIP: Participant agrees to compensate Volleywood Beach Academy, LLC d/b/a Volleywood Beach Academy (hereinafter "VBA") for the cost of the desired number of sessions and/or season at the prevailing session membership rate. As a condition of participation, Participant agrees to sign up for an AAU membership (Beach) and/or AAU & USAV (Indoor) based upon team.

WWW.VOLLEYWOODBEACHACADEMY.COM

ASSUMPTION OF RISK: Participant acknowledges the possible risks inherent of engaging in sports and volleyball. Such risks may result from conduct and activities such as: a rapid change in direction; diving for a ball and sliding on the sand/court; colliding with another player, the ground, poles, or net; getting hit by a volleyball; use of training equipment; or traveling to activities. Participant may suffer injuries including but not limited to: dehydration; sunburn; rolled or sprained ankles; shoulder injuries; lacerations; head or eye injuries; bruises; jammed fingers; knee problems; wrist injuries; broken bones; concussions; heart attacks; strokes; paralysis; back/neck/spine injury; brain damage; or death. Participant voluntarily assumes any and all risk that may be involved in this sport and with any activities conducted by VBA. Participant warrants that he or she has no medical conditions that would interfere with safe participation and is physically fit to engage in the activities of VBA. Participant further warrants that he or she will seek medical advice and attention as needed relating to the activities of VBA.

WAIVER OF LIABILITY & CLAIMS: In conjunction with or in any way relating to participation in these activities, Participant hereby releases, waives, holds harmless, indemnifies, relinquishes, discharges, and will defend VBA and its employees, coaches, officers, directors, independent contractors, servants, volunteers, agents, heirs, executors, administrators, successors, assigns, and the owners of any real or personal property being used for the activities from any and all liability, claims, demands, actions, or lawsuits of any kind or nature whatsoever irrespective of any negligence or carelessness of the parties. To the extent any term within this agreement is invalid or unenforceable, the other remaining terms shall remain in full force and effect.

PHOTO CONSENT & RELEASE: Participant hereby irrevocably grants VBA permission to use and release photographs and other images of the Participant for VBA related promotional materials, marketing efforts, and productions without restriction. This release applies to all images in print, electronic, and video formats, in addition to the use of the Participant's name, comments, and endorsements that may serve to assist VBA with its promotional and marketing efforts. Participant agrees that VBA may use, edit, and reproduce these images in any form and that VBA may share these images with other media for purposes related to VBA's promotional and marketing efforts. Participant releases all claims against VBA and its agents with respect to copyright, publication, or use of such photographs or video footage, including any claims for royalties and compensation related to their use.

Volleywood Indoor Policies

Parents and players should not consider the following to be a complete set of rules. Instead, these policies are representative of the high standards for VBA.

General

1.1 Participation is open to all without regard to race, religious beliefs, or national origin.

Player

2.1 Players are expected to maintain a courteous manner during all club activities including practices, travel to and from tournaments, both on and off the court. A player whose conduct is deemed improper may be dismissed from practice, a tournament, or the club entirely.

2.2 Possession and/or use of drugs or alcohol (and any dangerous substance or item) are strictly prohibited and violation of these rules will be grounds for expulsion from the club without refund of fees.

2.3 Each **PLAYER** is responsible for notifying her coach of any physical ailment or injury that may affect her ability to play or to attend a practice.

Parents

3.1 No coaching

3.2 Directors and Coaches have complete charge of their teams. Players and parents are expected to respect the directors and coaches decisions and requests.

3.3 Problems that arise should be dealt with in the following order: **(1) player and coach**; (2) parent, player, and coach; (3) Assistant Director of Indoor, parent, player, and coach; (4) Director, Assistant Director of Indoor, parent, player and coach. Open communication is everyone's responsibility. All coaches and the directors are available to resolve problems. Following the chain of command is, however, essential. This allows players to learn to take responsibility for themselves, it prevents micro managing of the teams, and it preserves a reasonable administrative workload.

3.4 The places and times we choose for communication has a great deal to do with its ultimate success. Players and parents should request to meet with the coach to discuss any issues.

3.5 Parents are encouraged to talk with coaches at appropriate times, yet should avoid discussing any player/coach conflict situations during competition or in the presence of any team member. Parents **MAY NOT** discuss their daughter's or other athletes playing time with the coach on the day of competition, including before or after competition. Lack of cooperation with this will result in the player being asked to leave with the parent.

3.6 Making disruptive or negative comments (whether towards tournament officials, team members, staff, or opponents) is prohibited. Negative comments, parent sideline coaching, or even extreme displays of support of your daughter can be disruptive to the team effort and are not permitted.

3.7 Parents are encouraged to wear VBA gear at tournaments and events.

Practices

4.1 VBA practices are open to parents and guardians unless otherwise indicated by the Director or Assistant Director of Indoor. Parents and guardians will have a designated area for observation.

Financial

5.1 Any player whose account is not up to date may be prohibited from practice or participation in tournaments.

5.2 Payment Schedule of season

1. Initial payment due the day of tryouts along with the tryout fee
2. Monthly payments due on the 1st of each month.

\$25 late fee if payments not received by the due date

Payments may be given to the Director of VBA or made online at
<https://www.volleywoodbeachacademy.com/make-payment/>

5.3 When committing to play on a team you are obligated to pay the full tuition. Our expenses do not drop when a player stops participation with the club or team for any reason. No refunds will be given and payment will be expected in full.

Club Director has final say on whether a member of the club will be refunded fees based on disciplinary suspension/expulsion from the club, or failure to follow AAU & USAV Volleyball procedures and rules by a player or a parent.

Travel

6.1 Tournament registration fees are included in the tuition. Any tournaments added to the schedule will be agreed upon by directors, coaches, parents, and players. Costs will be split by each athlete who chooses to attend.

6.2 The travel calendar is set. Changes will be considered based on input from the coaches.

6.3 Refunds for player absence from a tournament: Every player is expected to attend every tournament, if an athlete does not attend a tournament, there will be no refund given.

6.4 Players may never drive to or from a tournament without the parent first informing the coach of such instances.

6.5 All teams travel together to out of state tournaments. This includes air and ground transportation to and during the event, meals, and accommodations. Exceptions are made at the club's discretion, when available.

6.6 All teams will terminate play after the AAU Regional Championships unless they qualify for USAV Junior Nationals or AAU Nationals or as indicated by the VBA Director. We expect all players to complete the season, barring injury or other emergency.

6.7 All VBA teams will travel with a parent chaperone. Due to USAV rules, every chaperone (and coach) must undergo a background check and complete required SafeSport Training. Each VBA team will have one designated chaperone who will attend USAV Junior Nationals should the team qualify. At Junior Nationals, the official chaperone must be present, although other parents may assist in the duties as permitted by USAV rules. When a trip includes air travel, the team will assume the chaperone's airfare. At their own discretion, chaperones may relieve the team of the cost of their airfare. Hotel charges will remain the responsibility of the chaperone. When no parents are willing to chaperone and pay their own hotel costs, the team will assume the additional expense and each family will be billed prior to leaving for the tournament.

6.8 Travel: VBA will not book travel for parents and athletes, with the exception of the team chaperone. As soon as we choose a team hotel, it will be posted on our web site. When permitted by the hotel, we will block rooms for parents to call the hotel directly. Please be advised, many hotels do not allow this practice so VBA may no longer be able to reserve rooms in parent blocks.

Fundraising

7.1 We are always willing to work with families who have a desire to fundraise. Any parent interested in leading this effort should contact the Director of VBA directly.

Sponsors

8.1 There are always players for whom volleyball is a financial impossibility. If no fundraising options are available, the club may seek sponsors. If you or someone you know would be able to make a sponsorship towards another player's tuition or the club, please contact the VBA Director. Sponsorships will be kept confidential if requested. Visit the "Become A Sponsor" page for sponsorship tiers. Payment can be made by check or through the Sponsorship payment portal.

Financial Aid

9.1 VBA will work with families in financial need. In such cases, a package will be worked out including some combination of the following:

A. Fundraising

B. Player-originated sponsorships – players receive 100% of sponsorships acquired

Website

10.1 We maintain a web site at www.VolleywoodBeachAcademy.com. This site includes information for parents, athletes and coaches, including practice and tournament information, event registration, calendars, payment portal, & fan gear. Each team will be able to add content as needed.

Administration

11.1 VBA has two staff members involved in administration:

1. David Wood (VolleywoodBeachAcademy@gmail.com)

Is the Founder/Owner/Director of the club and in charge of all business and financial matters. He keeps track of all payments. If you need to know whether a payment was received or you need to check your account balance, contact Coach Wood. Coach Wood also handles all registration matters.

2. Scott Painter (VolleywoodBeachAcademy.Painter@gmail.com)

Is the VBA Assistant Director of the club. Coach Painter is responsible for day-to-day matters such as practice schedule, travel, player and staff development, policy enforcement, and playing time.

Uniforms

12.1 Uniforms are included in the tuition fee for the season, which typically includes:

- 1-2 jerseys
- T-shirt
- Warm up top
- Backpack
- Headband

12.2 Each club level (National, Regional & Local) will have a specific uniform package

12.3 Additional items may be purchased.

12.4 VBA Attire (for parents) will be available for purchase at practices, events, or at www.VolleywoodBeachAcademy.com

Playing Time

13.1 Playing time is always a sensitive issue in team sports. We want your experience to be positive, so we feel setting clear expectations is important. This information is intended to communicate how the club handles the sensitive subject of playing time at tournaments. Athletes can expect that playing time will be managed differently depending on team, age, and level. The following guidelines are intended to allow families to read, acknowledge, and appreciate the complexities of club playing time and what development means at the competitive club level. The purpose of Volleywood Beach Academy's playing time policy is to document and communicate the club-wide guidelines in advance to ensure that those who commit to VBA understand what factors will be used to determine playing time over the course of the season. As well, the Club establishes a process whereby a player/parent can raise concerns, if they believe the coach is not implementing the policy consistently on their respective team. Whereas "house"-level programs advocate "equal playing time", the Club-level does not advocate equal playing time, rather "earned playing time." However, the Club does believe that all players should receive equal training opportunities at practice. In volleyball, there are four (4) types of games – scrimmages, pool-play, playoffs/medal-brackets, and regionals/qualifiers. Most players will receive some playing time during scrimmages and pool play at the discretion of the coach. However, in playoffs/medal-brackets and playoffs or regionals/qualifiers, the factors below will be used to determine playing time:

1. Ability to execute during competition
2. Ability to perform specific skills needed or play specific position during competition
3. Performance in practice (including skills, attitude and dedication)
4. Attendance/level of commitment to the team
5. Overall contribution, in whatever capacity, to the success of the team

Athletic propensity dictates what position a person plays, the performance in practice dictates how and when the player will be utilized in tournaments. Another factor that may influence court time is how the player adds to or distracts from the team's performance as compared to a teammate who plays the same position.

Equal playing time is not a guarantee simply because club fees are paid. The fee structure provides a learning experience and a whole host of other benefits (coaches, practice time, tournament fees, uniforms, gym rental, costs associated with running a club, etc.). During a tournament (i.e. game-day), coaches are constantly adjusting and evaluating line-ups, which means that some players will receive more court time than others. Players are expected to understand and accept their role as defined by the coach, and concede that the collective performance of the collective team has priority – over the individual player. Volleyball is a positional sport -- some positions naturally have more playing time than others. Coaches are not required to deliver a minimum playing time.

Being part of the club is intended to provide each player with improvement opportunities through structured practices and training that focus on skill development, team play, and mental toughness. We also believe players must show every effort to improve and work through the challenges of improving.

Sometimes, this process can be frustrating, but a player's work ethic and mental focus are key to becoming a better volleyball player, as well as conquering other challenges outside of volleyball. We believe improvement is first demonstrated at practice. Court sense, maturity, attitude, and abilities shown at practices will influence tournament playing time and team success.

Winning is an important part of the club performance. While VBA does not believe in winning at all costs, we do believe that players and teams who show a combination of positive mental attitude and physical ability will experience more success in matches. If players do not show respect for winning and the desire to win by improving and working hard at practices, and ensuring a positive attitude toward the game, their coach and teammates, then the team's ability to win is lessened. Playing time is likely to be adjusted for skills performance and mental attitude at practices and at games.

Under no circumstances is it permissible for a parent or player to approach a coach during competition or at a tournament site to discuss playing time. Players and parents are required to wait 24 hours after a tournament before initiating any type of communication with a coach regarding playing time issues. If a player is concerned or unclear about her role on the team, the player should initiate a meeting with her coach to discuss the matter either before or after practice.

Electronic Communication Policy of Volleywood Beach Academy

Purpose

Volleywood Beach Academy "VBA" recognizes the prevalence of electronic communication and social media in today's world. Many of our student athletes use this medium as their primary method of communication. While the Club acknowledges the value of these methods of communication, the Club also realizes that there are associated risks that must be considered when adults use these methods to communicate with minors.

General Content

All communications between a coach or other adult and an athlete must be professional in nature and for the purpose of communicating information about team activities. The content and intent of all electronic communications must adhere to the USA Volleyball Code of Conduct regarding Athlete Protection. For example, as with any communication with an athlete, electronic communication should not contain or relate to any of the following:

- Drugs or alcohol use;
- Sexually-oriented conversation; sexually explicit language, sexual activity;
- The adult's personal life, social activities, relationship or family issues, or personal problems;
- Inappropriate or sexually explicit pictures.

Note: Any communication concerning an athlete's personal life, social activities, relationship or family issues or personal problems must be transparent, accessible and professional. Whether one is an athlete, coach, director or parent, the guiding principle to always use in communication is to ask: "Is this communication something that someone else would find appropriate or acceptable in a face-to-face meeting?" or "Is this something you would be comfortable saying out loud to the intended recipient of

your communication in front of the intended recipient's parents, the coaching staff, the directors or other athletes?" With respect to electronic communications, a simple test that can be used in most cases is whether the electronic communication with athletes is Transparent, Accessible and Professional.

- Transparent: All electronic communication between coaches and athletes should be transparent. Your communication should not only be clear and direct, but also free of hidden meanings, innuendo and expectations.

- Accessible: All electronic communication between coaches and athletes should be considered a matter of record and part of the Club's records. Whenever possible, include another coach or parent in the communication so there is no question regarding accessibility.

- Professional: All electronic communication between a coach and an athlete should be conducted professionally as a representative of the Club. This includes word choice, tone, grammar and subject matter that model the standards and integrity of a staff member.

If your communication meets all three of the T.A.P. criteria, then it is likely your method and manner of communication with athletes will be appropriate.

Texting

Subject to the general guidelines mentioned above, texting is allowed between coaches and athletes during the hours from 7am until 10pm. Texting only shall be used for the purpose of communicating information directly related to team activities.

E-Mail

Athletes and coaches may use email to communicate. When communicating with an athlete through email, a parent, another coach or a director is suggested to also be copied.

Request To Discontinue All Electric Communications

The parents or guardians of an athlete may request in writing that their child not be contacted by coaches through any form of electronic communications. Immediate compliance without repercussion must be granted.

Misconduct

Social media and electronic communications can be used to commit misconduct (e.g. emotional, sexual, bullying, harassment and hazing). Such communications by coaches, staff, volunteers, administrators, officials, parents or athletes will not be tolerated and are considered violations of our SafeSport Handbook.

Violations

Violations of the Club's Social Media and Electronic Communications Policy should be reported to your immediate supervisor, a Club administrator or the Regional SafeSport Contact for evaluation.

Complaints and allegations will be addressed following the appropriate procedure. A USA Volleyball participant or parent of a participant who violates this policy is subject to appropriate disciplinary action, including but not limited to: suspension, permanent suspension and/or referral to law enforcement authorities.

Travel Policy for Volleywood Beach Academy:

Volleywood Beach Academy has teams that travel regularly to play in tournaments, has teams where travel is limited to a few events per season, and teams where there is no travel other than local travel to and from our own area. VBA prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing, all as described in the USA Volleyball SafeSport Handbook. VBA has established policies to guide our travel, minimize one-on-one interactions and reduce the risk of abuse or misconduct. Adherence to these travel guidelines will increase player safety and improve the player's experience while keeping travel a fun and enjoyable experience.

We distinguish between travel to training, practice and local tournaments ("local travel") and team travel involving an overnight stay ("team travel").

Local Travel

Local travel occurs when VBA does not sponsor, coordinate or arrange for travel.

Players and/or their parents/guardian are responsible for making all arrangements for local travel. The team and its coaches at Volleywood Beach Academy has teams that travel regularly to play in tournaments, has teams where travel is limited to a few events per season, and teams where there is no travel other than local travel to and from our own area. VBA prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment and hazing, all as described in the USA Volleyball SafeSport Handbook. VBA has established policies to guide our travel, minimize one-on-one interactions and reduce the risk of abuse or misconduct. Adherence to these travel guidelines will increase player safety and improve the player's experience while keeping travel a fun and enjoyable experience.

-Directors or administrators, coaches, and volunteers should avoid responsibility for arranging or coordinating local travel. It is the responsibility of the parents/guardians to ensure the person transporting the minor player maintains the proper safety and legal requirements, including but not limited to: a valid driver's license, automobile liability insurance, a vehicle in safe working order, and compliance with applicable state laws.

-The directors, coaches and/or volunteers of VBA or one of its teams, who are not also acting as a parent, should not drive alone with an unrelated minor player.

Team Travel

Team travel is overnight travel that occurs when VBA or one of its teams or designees sponsors, coordinates or arranges for travel so that our team can compete locally, regionally or nationally.

Because of the greater distances, directors, coaches, staff, volunteers and chaperones will often travel with the players.

-When possible, VBA will provide reasonable advance notice before team travel. Travel notice will also include designated team hotels for overnight stays as well as a contact person within VBA or the team. This individual will be the point of contact to confirm your intention to travel and to help with travel details.

- Regardless of gender, a coach shall not share a hotel room or other sleeping arrangements with a minor player (unless the coach is the parent, guardian or sibling of the player).

- The coach or his/her designee will establish a curfew by when all players must be in their hotel rooms or in a supervised location. Regular monitoring and curfew checks will be made of each room by at least two properly background screened adults. At no time should only one adult be present in a room with minor players, regardless of gender.

- Team personnel shall ask hotels to block adult pay per view channels.

- Individual meetings between a coach and a player may not occur in hotel sleeping rooms and must be held in public settings or with additional adults present, with at least one of those adults being the same gender as the player.

- Family members who wish to stay in the team hotel are permitted and encouraged to do so.

- The team will make every effort to accommodate reasonable parental requests when a child is away from home without a parent. If any special arrangements are necessary for your child, please contact the team personnel who can either make or assist with making those arrangements.

- No coach or chaperone shall at any time be under the influence of drugs or alcohol while performing their coaching and/or chaperoning duties.

- In all cases involving travel, parents have the right to transport their minor player.

- Prior to any travel, coaches will endeavor to make players and parents aware of all expectations and rules. Coaches will also support chaperones and/or participate in the monitoring of the players for adherence to curfew restrictions and other travel rules.

- If disciplinary action against a player is required while the player is traveling without his/her parents, then except where immediate action is necessary, parents will be notified before any action is taken, or immediately after.

Additional Policies

- Players are expected to remain with the team during the trip. Players are not to leave the competition venue, the hotel, restaurant or any other place at which the team has gathered without the permission/knowledge of the coach or chaperone.

Safety Policies

- Additional guidelines to be established as needed by the coaches;

- Respect the privacy of each other;

- Only use hotel rooms with interior entrances;
- Must wear seatbelts and remain seated in vehicles;

Behavior Policies

- Be quiet and respect the rights of teammates and others in the hotel;
- Be prompt and on time;
- Respect travel vehicles;
- Adhere travel dress code;
- Use appropriate behavior in public facilities, including language;
- Must stay in assigned hotel room; and
- Needs and well-being of the team come first.

Financial

- No room service without permission
- Players are responsible for all incidental charges
- Players are responsible for any damages or thievery at hotel;
- Players must participate in contracted group meals; and

Code of Conduct / Honor Code

- a. Team members will display proper respect and sportsmanship toward directors, coaches, officials, administrators, teammates, fellow competitors and the public at all times.
- b. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
- c. The possession or use of alcohol or tobacco products by any athlete is prohibited.
- d. The possession, use or sale/distribution of any controlled or illegal substance or any form of weapon is strictly forbidden.
- e. Team members are reminded that when competing in tournaments, traveling on trips and attending other club-related functions, they are representing both themselves and VBA. Athlete behavior must positively reflect the high standards of the club.
- f. Failure to comply with the Honor Code as set forth in this document may result in disciplinary action. Such discipline by include, but may not be limited to:
 - i. Dismissal from the trip and immediate return home at the athlete's expense;
 - ii. Disqualification from future tournaments, either local or traveling;

- iii. Financial penalties;
- iv. Dismissal from team; and/or
- v. Penalties set forth in the USA Volleyball Participant Code of Conduct, which may include a lifetime ban.
- g. Players are to refrain from inappropriate physical contact at team activities.
- h. Players are to refrain from the use of inappropriate language.

MINOR ATHLETE ABUSE PREVENTION POLICIES

Covered Organizations/LAOs are required to implement the following athlete abuse prevention policies

To satisfy these requirements, USA Volleyball provides these policies to USAV member clubs. Clubs may choose to implement stricter standards.

SafeSport Club Policies

1. One-on-One Interactions, including meetings and individual training sessions (Clubs are required to establish reasonable procedures to limit one-on one interactions, as set forth in federal law)
2. Massages and rubdowns/athletic training modalities Locker rooms and changing areas
3. Social media and electronic communications
4. Local travel
5. Team travel

These policies shall apply to the following:

- 1) Adult members at a facility that is either partially or fully under the jurisdiction of a **FLORIDA REGION CLUB**
- 2) Adult members who have regular contact with amateur athletes who are minors
- 3) Any adult authorized by **FLORIDA REGION CLUB** that may have regular contact with or authority over an amateur athlete who is a minor
- 4) Adult staff and board members of a **FLORIDA REGION CLUB**

(Collectively “Applicable Adult” for the purposes of this policy)

POLICY 1 - ONE-ON-ONE INTERACTIONS

Observable and interruptible

One-on-one interactions between a minor athlete and an Applicable Adult (who is not the minor's legal guardian) at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB** are permitted if they occur at an observable and interruptible distance by another adult.

One-on-one interactions between minor athletes and an Applicable Adult (who is not the minor's legal guardian) at a facility partially or fully under the jurisdiction of a Covered Organization/LAO are prohibited, except in the circumstances described in meetings with mental health care professionals and health care providers of this section and under emergency circumstances.

Meetings between Applicable Adults and minor athletes at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB** may only occur if another adult is present, except under emergency circumstances. Such meetings must occur where interactions can be easily observed and at an interruptible distance from another adult.

If a one-on-one meeting takes place in an office at a facility partially or fully under the jurisdiction of a **FLORIDA REGION CLUB**, the door to the office must remain unlocked and open. If available, it will occur in an office that has windows, with the windows, blinds, and/or curtains remaining open during the meeting.

Meetings with mental health care professionals and health care providers

If a mental health care professional and/or health care provider meets with minor athletes at a facility partially or fully under the jurisdiction of **FLORIDA REGION CLUB**, a closed-door meeting may be permitted to protect patient privacy provided that:

The door remains unlocked and another adult is present at the facility.

The other adult is advised that a closed-door meeting is occurring written legal guardian consent is obtained in advance by the mental health care professional and/or health care provider, with a copy provided to the organization.

Individual training sessions

Individual training sessions between Applicable Adults and minor athletes are permitted at a facility partially or fully under the jurisdiction of **FLORIDA REGION CLUB** if the training session is observable and interruptible by another adult. It is the responsibility of the Applicable Adult to obtain the written permission of the minor's legal guardian in advance of the individual training session if the individual training session is not observable and interruptible by another adult. Permission for individual training sessions must be obtained at least every six months. Parents, guardians, and other caretakers must be allowed to observe the training session.

POLICY 2 - MESSAGES AND RUBDOWNS/ATHLETIC TRAINING MODALITIES

Any massage or rubdown/athletic training modality performed at a facility or a training or competition venue under the jurisdiction of **FLORIDA REGION CLUB** must be conducted in an open and interruptible location. Any massage of a minor athlete must be done with at least one other adult present and must

never be done with only the minor athlete and the person performing the massage or rubdown/athletic training modality in the room.

LOCKER ROOMS AND CHANGING AREAS

Non-exclusive facility

If **FLORIDA REGION CLUB** uses a facility not fully under their jurisdiction (for, e.g., training or competition or similar events) and the facility is used by multiple constituents, Applicable Adults in categories 1 through 4 are nonetheless required to adhere to the rules set forth herein..

Use of recording devices

Use of any device's (including a cell phone's) recording capabilities, including voice recording, still cameras and video cameras in locker rooms, changing areas, or similar spaces at a facility under the jurisdiction of **FLORIDA REGION CLUB** is prohibited. Exceptions may be made for media and championship celebrations, provided that such exceptions are approved by the **FLORIDA REGION CLUB** and two or more Applicable Adults are present.

Undress

Under no circumstances shall an unrelated Applicable Adult at a facility under the jurisdiction of **FLORIDA REGION CLUB** intentionally expose his or her breasts, buttocks, groin, or genitals to a minor athlete.

One-on-one interactions

Except for athletes on the same team, at no time are unrelated Applicable Adults permitted to be alone with a minor athlete in a locker room or changing area when at a facility under the partial or full jurisdiction of **FLORIDA REGION CLUB**, except under emergency circumstances.

If **FLORIDA REGION CLUB** is using a facility that only has a single locker room or changing area, separate times will be designated for use by Applicable Adults, if any.

Monitoring

FLORIDA REGION CLUB will regularly and randomly monitor the use of locker rooms and changing areas at facilities under their jurisdiction to ensure compliance with these policies.

POLICY 3 - SOCIAL MEDIA & ELECTRONIC COMMUNICATIONS

As part of **FLORIDA REGION CLUB** emphasis on athlete safety, all electronic communications between a coach and athlete must be professional in nature and for the purpose of communicating information about team activities.

Content

All electronic communication originating from Applicable Adults to minor athletes must be professional in nature.

Open and transparent

Absent emergency circumstances, if an Applicable Adult with authority over minor athletes needs to communicate directly with a minor athlete via electronic communications (including social media), another Applicable Adult or the minor athlete's legal guardian will be copied.

If a minor athlete communicates to an Applicable Adult (with authority over the minor athlete) privately first, said Applicable Adult should respond to the minor athlete with a copy to another Applicable Adult or the minor athlete's legal guardian.

When an Applicable Adult with authority over minor athletes communicates electronically to the entire team, said Applicable Adult will copy another adult.

Minor athletes may "friend" the organization's official page.

Facebook, Myspace, blogs, and similar sites

Coaches may not have athletes of **FLORIDA REGION CLUB's** Team join a personal social media page. Athlete members and parents can friend the official **FLORIDA REGION CLUB's** Team page and coaches can communicate to athlete members through the site. All posts, messages, text, or media of any kind between coach and athlete must be professional in nature and for the purpose of communicating information about team activities or for team-oriented motivational purposes.

Twitter, instant messaging and similar media

Coaches and athletes may "follow" each other. All posts between coach and athlete must be for the purpose of communicating information about team activities.

Email and similar/electronic communications

Athletes and coaches may use email to communicate. All email content between coach and athlete must be professional in nature and for the purpose of communicating information about team activities. Where the coach is a staff member and/or volunteer, email from a coach to any athlete we recommend come from the club website email center (the coach's return email address will contain "@CLUB.com").

Texting and similar electronic communications

Texting is allowed between coaches and athletes. All texts between coach and athlete must be professional and for the purpose of communicating information about team activities.

Electronic imagery

From time to time, digital photos, videos of practice or competition, and other publicly obtainable images of the athlete – individually or in groups – may be taken. These photos and/or videos may be

submitted to local, state or national publications, used in club videos, posted on club or club associated websites, or offered to the club families seasonally on disc or other electronic form. It is the default policy of **FLORIDA REGION CLUB** to allow such practices as long as the athlete or athletes are in public view and such imagery is both appropriate and in the best interest of the athlete and the club. Imagery must not be contrary to any rules as outlined in **FLORIDA REGION CLUB's** Participant Safety Handbook.

Request to discontinue all electronic communication or imagery

The parents or guardians of an athlete may request in writing that their child not be contacted by any form of electronic communication by coaches or Applicable Adults subject to this policy. (Photography or videography). The **FLORIDA REGION CLUB** will abide by any such request that their minor athlete not be contacted via electronic communication, absent emergency circumstances.

Misconduct

Social media and electronic communications can also be used to commit misconduct (e.g., emotional, sexual, bullying, harassment, and hazing). Such communications by coaches, staff, volunteers, administrators, officials, parents or athletes will not be tolerated and are considered violations of our Participant Safety Handbook.

Violations

Violations of **FLORIDA REGION CLUB's** Electronic Communications and Social Media Policy should be reported to your immediate supervisor, a **FLORIDA REGION CLUB** administrator or a member of **FLORIDA REGION CLUB's** Participant Safety Committee for evaluation. Complaints and allegations will be addressed under **FLORIDA REGION CLUB's** Disciplinary Rules and Procedure.

LOCAL TRAVEL & TEAM TRAVEL

This policy shall apply to:

- 1) Adult members who have regular contact with amateur athletes who are minors
- 2) Any adult authorized by **FLORIDA REGION CLUB** to have regular contact with or authority over an amateur athlete who is a minor
- 3) Adult staff and board members of **FLORIDA REGION CLUB**

(Collectively "Applicable Adult" for the purposes of this policy)

POLICY 4 - LOCAL TRAVEL

Local travel consists of travel to training, practice, and competition that occurs locally and does not include coordinated overnight stay(s).

Transportation

Applicable Adults who are not also acting as a legal guardian, shall not ride in a vehicle alone with an unrelated minor athlete, absent emergency circumstances, and must have at least two minor athletes or another adult at all times, unless otherwise agreed to in writing by the minor athlete's parent/legal guardian in advance of each local travel.

POLICY 5 - TEAM TRAVEL

Team travel is travel to a competition or other team activity that the organization plans and supervises.

Team/competition travel

When only one Applicable Adult and one minor athlete travel to a competition, the minor athlete must have his/her legal guardian's written permission in advance and for each competition to travel alone with said Applicable Adult.

Hotel Room

Regardless of gender, a coach shall not share a hotel room or other sleeping arrangements with a minor player. (Unless coach is the parent, guardian or sibling of the player) However, a parent/legal guardian may consent to such an arrangement in advance and in writing. Furthermore, a parent/legal guardian may consent in advance and in writing to the minor athlete sharing a hotel room or other sleeping arrangement with an adult athlete

Coach or his/her designee will establish a curfew by when all players must be in their hotel rooms in a supervised location. Regular monitoring and curfew checks will be made to each room by at least two properly background screened adults. At no time should one adult be present in room with minor players, regardless of gender.

Team personnel should ask hotel to block adult pay per view channels.

Meetings

Meetings shall be conducted consistent with the **FLORIDA REGION CLUB** policy for one-on-one interactions

Individual meetings between coach and player may not occur in hotel sleeping rooms and must be held in public setting or with additional adults present with one of those adults being the same gender as the player.

Indoor Rule Form

Our Philosophy:

Volleywood Beach Academy's mission is to promote and build the sport of beach and indoor volleyball in St. Augustine by providing educational training and competitive playing opportunities to players of all ages, backgrounds, and skill levels. VBA provides a fun, safe, and disciplined environment in which we expose the athletes to the rules, practices, and strategies of competitive beach and indoor volleyball. VBA is an AAU & USAV aligned Club that offers a full range of programs, activities, and events to our members. We are a Double-Goal Coaching Staff who cares about winning and helping players reach their potential, on and off the court. The sky's the limit at VBA, "Elevate Your Game"!

Rules:

1. BE EARLY. Communicate with coaches if you will be late!
2. Be respectful to directors, coaches, parents and teammates; bad attitudes will not be tolerated. You may be asked to leave the court, the gym, or possibly even the team.
3. Leave all gyms, courts, hotels etc. the way you found them or better; pick up your mess.
4. During Travel – Abide by curfews, act in an appropriate manner, and be aware of scheduled event times.
5. Be responsible for your equipment – uniforms, kneepads, shoes, volleyballs, etc.
6. Notification of absence from practice or other event must be given in advance to the coaches. If you play another sport, please give the schedule to your coach asap!
7. Parents, please make any arrangements to meet with coaches after tournaments. Discuss any issues with the coaches before contacting the Director(s).
8. No cell phones during practice or meetings.
9. Athletes are required to wear VBA gear at all tournaments. (Practices, camps, and events are preferred.)

Infractions of Rules:

- 1st – Verbal warning
- 2nd – Loss of playing time
- 3rd – Suspension from team or dismissal

Payment Rules:

1. Each player/parent/guardian is responsible for following the payment plans.
2. It is the player/parent/guardian's responsibility to ensure that funds are present in their accounts to cover the payments.
3. VBA is NOT responsible for any fees that are incurred due to insufficient funds in the paying account.

4. If a player commits to an extra tournament, they will be responsible for paying for their share if they back out after committing.
5. A player will NOT be able to practice or play if they are behind on payments.
6. No player will be allowed to return to the club the following year if all balances are not up to date and paid for.

USAV Club Grievance/Dispute Policy

Grievance Procedure

Volleywood Beach Academy fully comprehends the value of parent involvement and encourages our parents to offer feedback whether positive or negative, but to do so in a respectful way. The below procedure is designed to help athletes and parents with questions, concerns, or problems that may occur during the course of the season. It ensures open and honest communication between all parties involved.

1. 24-hour rule: If the athlete or parent has a concern arising from a tournament or practice that needs to be addressed, they must wait at least 24 hours after the conclusion of the event to discuss the issue with the head coach. We trust that parents will be timely in communicating with coaches regarding potential issues that would distract that coach from their primary objective of coaching the team.
2. Do not approach the coach immediately prior to the start of practice, the coach must focus on the athletes' and the training required during practice.
3. The athlete must first ask for a meeting between the coach and herself to discuss the issue at hand. In the case of players on 13's or younger teams, the parents may request the meeting, in which the athlete, parent and coach must be present.
4. If the issue is unresolved, the parents may ask for a meeting between themselves, the athlete, and the coach to discuss the issue. The meeting should take place at a location considered adequate for a private discussion agreed upon by both the parent and coach – NOT at a tournament and/or practice.
5. If the issue is unresolved, the parent may ask for a meeting with the club director, assistant club director, the head coach, and the athlete. The meeting should take place at a location considered adequate for private discussion, agreed upon by the parent, coach, assistant director, and director and during a scheduled time away from practice or a tournament is appropriate. The decision of the club director at this point is **FINAL**. It is essential that our parents serve as a support system for our club, players and coaches. To ask this, we, as the club director, staff, and coaches need to be available to empower parents and athletes with information and ensure understanding. When all parties share time together, the potential conflict creates a greater opportunity to learn from each other different strategies in how all parties can communicate effectively and be more congruent in cultivating a positive experience for our athletes.

VBA "General" Refund Policy:

Club Director has final say on whether a member of the club will be refunded fees based on disciplinary suspension/expulsion from the club, or failure to follow AAU & USAV Volleyball procedures and rules by a player or a parent. In case of an injury during VBA related practices or competitions, under normal circumstances, a partial or full refund may be given at the discretion of the Club Director. The Club Director will pro rate the fees as he sees fit. Refunds because of injury/illness outside of VBA events will not be granted unless decided by the Club Director. If a player is pulled from training by personal or parental choice, a refund will not be given and payment will be expected in full.

VBA "Club Season" Refund Policy

When committing to play on a team you are obligated to pay the full tuition. Our expenses do not drop when a player stops participation with the club or team for any reason. No refunds will be given and payment will be expected in full.

Club Director has final say on whether a member of the club will be refunded fees based on disciplinary suspension/expulsion from the club, or failure to follow AAU & USAV Volleyball procedures and rules by a player or a parent.

VBA Cancellation/Re-Schedule Policy

Cancellation Policy:

Cancellations for Private, Semi-Private, and/or Private Group sessions, camp, and/or registered events (does not include practices) requires a minimum of 48 hour cancellation notice or a refund will not be given and payment will be expected in full. Weekly practices (Beach & Indoor) are not refunded or transferred.

VBA Re-Schedule Policy:

Re-Scheduling of Private, Semi-Private, and/or Private Group sessions requires a minimum of 48 hour notification or a refund will not be given and payment will be expected in full. All parties within the Semi-Private and/or Private Group must re-schedule together. The club will make every attempt to re-schedule based upon court and/or coaching availability.

AAU Membership Instructions

****Youth and Adult Athletes must become a member of AAU and align with VBA prior to 1st session.****

STEP BY STEP INSTRUCTIONS

1. Go to www.aausports.org
2. Click "Join AAU"

3. Click "Get A Membership"
4. Click "Youth Membership" if a minor (under 18 years old)
Click "Adult Membership" (over 18 years old) (Register as an "Athlete")
5. Fill out personal information
6. Adult's must complete and pass background screening prior to 1st session.
7. Select your sport (Volleyball)
8. Select Coverage (Regular \$14.00/year)
9. Select Term
- *10. Are you a member of a Club? (See 10.1)
- *10.1. -Yes, enter Club Code or **WYW5WA** or **"Volleywood Beach Academy"**
11. Complete Terms and Conditions Digital Signature
12. Click Continue
13. Complete Checkout

****Last Step: E-mail VBA confirmation of membership @ VolleywoodBeachAcademy@gmail.com**

Complete AAU Medical Release Form (All Club Players) – Download On Forms Tab

USAV Membership Instructions (National & Regional)

1. Visit <http://www.floridavolleyball.org/>
2. Click "Join" under USAV Registration
3. Fill out personal information
4. Align membership with VBA Club Code (VWOOD)
5. Register and Complete below Referee Educational Modules

USAV Referee Educational Instructions (Due prior to Referee Clinic) (National & Regional)

1. Visit <https://webpoint.usavolleyball.org/> and login with username & password.
2. Click "Login to USAV Academy".
3. Click "Course Catalog"
4. Click "Catalog: Officiating Education Materials"
5. Click "Catalog: Indoor Officiating Materials- For Credit"

6. Click "Junior Officiating Education"
7. Add the modules (Junior Qualified Second Referee, Junior Signals, Junior Qualified Scorer, Junior Line Judge, & Junior Libero Tracker)

Complete USAV Medical Release Form (Regional & National) – Download On Forms Tab

2019/2020 PLAYER COMMITMENT FORM

ONLY SIGN ONCE ATHLETE HAS CONTRACTUALLY AGREED TO COMMIT TO ONE CLUB FOR THE FULL SEASON!

By signing below I agree that I have read the clubs' Club Release Policy, Refund Policy, Dispute/Grievance Policy, Travel Policy, and Electronic/Social Media Policy and that my child is committing to play on the following club for the 2019/2020 club season of USA Volleyball.

Athletes should ONLY select a club in the USAV Membership system once this document has been submitted. Athlete transfers/releases between clubs are only permitted with a written release from the club you have committed to using this form.

Once an athlete has participated in a regional or national qualifying/bid event, athlete transfers/releases are bound by the transfer/release rules of the Girls' Junior National Qualifier/Spring Championships/Championships or the Boys' Junior National Bid/Championships manuals. Please refer to the respective manual of the events above for further clarification.

Once this document has been signed, athlete is legally bound to this club for the entire duration of the 2019/2020 season.

Club Name:

Team Name:

Athlete Name:

Parent Name:

Parent Signature:

Date: _____ Time: _____ Club Verification: _____

ATTENTION PARENTS: You are responsible for filling out the Player Commitment Form and providing a signed copy of this document to the club you select. Clubs will be required to have a copy of this form on file if requested by the Florida Region. 2018/2019 USA Volleyball Season begins September 1, 2018

and continues through the end of the 2019 USA Volleyball Girls' or Boys' Junior National Championships respectively. Florida Region of USA Volleyball – 15010 US Highway 441 – Eustis, FL 32726 Tel: (352) 742-0080 – Fax: (352) 414-5304 – Web: www.FloridaVolleyball.org

USAV Club Release & Transfer Policy

If an athlete/family decides to depart Volleywood Beach Academy during the respective season, the following steps must take place:

1. Release Policy: The athlete/family in question must submit a written request for release to the Club Director, David Wood, at the club's email address: VolleywoodBeachAcademy@gmail.com and to the Florida Region at registrar@FloridaVolleyball.org stating the reason for the request.

Volleywood Beach Academy will release the athlete immediately once the following item(s) have been completed:

a. Written Approval by VBA Director.

b. Athlete returns all club gear provided to athlete this season.

c. Member must remit all financial obligations agreed upon contractually. Member pays full cost of season.

2. Transfer Policy: There are no transfers allowed in the Florida Region without extenuating circumstances. A player can represent only one club during the Season. A change in geographical location of the family due to a change in job, military, scholastic or inner-collegiate status may receive special consideration. No player may participate in different Qualifying events with different clubs/teams. Proof of residency must be provided by the family at the time of the release/transfer request.

a. Once an athlete has participated in a National Qualifier Event (Regional or NQ) they may not be released for the rest of the season to another club. Please refer to the USA Volleyball (USAV) policy on releases on athletes that participate in regional or national qualifying/bid events. Please refer to the Girls' Junior National Qualifier/Spring Championships/Championships Manual.

Please sign and date below and return to your coach!

I have read and agree to follow the above rules:

Athlete Name: _____ Team: _____

Athlete Signature

Date

Parent/Guardian Signature

Date

10 Rules for Parents of Athletes

- 1.** Make sure your children know that win or lose, scared or heroic, you love them, appreciate their efforts, and are not disappointed in them. This will allow them to do their best without fear of failure. Be the person in their lives they can look to for constant, positive encouragement.
- 2.** Try your best to be completely honest about your child's athletic capability, competitive attitude, sportsmanship, and actual skill level.
- 3.** Be helpful, but don't coach them on the way to the field, rink, pool, gym or track or on the way back, at breakfast, and so on. It is tough not to, but it is a lot tougher for children to be inundated with advice, pep talks, and often critical instruction.
- 4.** Teach them to enjoy the thrill of competition, to be "out there trying", to be working to improve their skills and attitudes. Help them develop the feel for competing, for trying hard, for having fun.
- 5.** Try not to re-live your athletic life through your children in a way that creates pressure. You fumbled too, you lost as well as won. You were frightened, you backed off at times, you were not always heroic. Don't pressure them because of your lost pride.
- 6.** Don't compete with the coach. You both have clearly defined roles that should complement each other. Encourage your child to respect their coach...they will learn more in the process.
- 7.** Don't compare the skill, courage, or attitudes of your children with other members of the team, at least within their hearing distance.
- 8.** Get to know the coach so that you can be assured that his/her philosophy, attitudes, ethics, and knowledge are such that you are happy to have your children under his/her leadership.
- 9.** Always remember children tend to exaggerate, both when praised and criticized. Temper your reaction and investigate before over-reacting.
- 10.** Make a point of understanding courage, and the fact that it is relative. Some of us can climb mountains, and are afraid to fight. Some of us will fight, but turn to jelly if a

bee approaches. Everyone is frightened in certain areas. Explain that courage is not the absence of fear, but a means of doing something in spite of fear or discomfort.

The job of the parent of an athletic child is a tough one, and it takes a lot of effort to do it well. It is worth all the effort when you hear your youngster say, "My parents really helped...they are the best!"

Florida Region of USA Volleyball – 15014 US Highway 441 – Eustis, FL 32726

T: (352) 742-0080 - W: www.FloridaVolleyball.org

Florida Region of USA Volleyball

SPECTATOR/PARENT CODE OF CONDUCT

(This legally binding document may be reproduced as often as necessary)

IMPORTANT NOTICE – ENTRY TO THIS PRIVATELY SANCTIONED EVENT IS GRANTED AS A COURTESY. IF YOU ENTER/ATTEND THIS, OR ANY FLORIDA REGION SANCTIONED EVENT, YOU AGREE TO ABIDE BY THE FOLLOWING CODE OF CONDUCT GUIDELINES:

I WILL:

1. I WILL abide by the official rules of USA Volleyball.
2. I WILL display good sportsmanship at all times.
3. I WILL encourage my child and his/her team, regardless of the outcome on the court.
4. I WILL educate myself on the unique rules of this facility.
5. I WILL honor the rules of the host and the host facility.
6. I WILL generate goodwill by being polite and respectful to those around me at this event.
7. I WILL direct my child to speak directly with his/her coach when coaching decisions are made that may be confusing or unclear.
8. I WILL redirect any negative comments from others to the respective Event Director or Program Administrator.
9. I WILL direct all concerns regarding officials to the Head Coach or Club Director for my team/club as opposed to contacting the Head Official directly.
10. I WILL immediately notify the Event Director and/or Program Administrator in the event that I witness any illegal activity.
11. I WILL support the policies and guidelines of the team/club that I represent.

WWW.VOLLEYWOODBEACHACADEMY.COM

12. I WILL acknowledge effort and good performance, remembering that all of the players in this event are amateur athletes.

13. I WILL model exemplary spectator behavior while attending this event.

14. I WILL respect the history and tradition of the sport of volleyball by being a good ambassador.

I WILL NOT:

1. I WILL NOT harass or intimidate the officials.

2. I WILL NOT coach my child from the bleachers and/or sidelines.

3. I WILL NOT criticize my child's coach or his/her teammates.

4. I WILL NOT participate in any game or game-like activities unless I have a current membership card with the Florida Region.

5. I WILL NOT bring and/or carry any firearms at any Florida Region event.

6. I WILL NOT bring, purchase, or consume alcohol at any Youth/Junior volleyball event.

Note: Any violation of this Code of Conduct will result in you being asked to leave the site/facility, and may result in you possibly being banned from attending future Florida Region sanctioned events. The Event Director has the final say regarding their individual event. Local law enforcement will be contacted if necessary to resolve any disputes or altercations. Questions or concerns may be directed to the Florida Region office.

I have read and agree to follow the above policies:

_____	_____
Athlete Signature	Date

_____	_____
Parent/Guardian Signature	Date